



MARY PETERS TRACK – Term & Conditions of use

The following terms and conditions must be adhered to by all users/ members of the track.

Track Rules and Regulations

1. **The Track cannot be booked exclusively on Mon – Thurs nights except for Athletics competitions/special MPT or Athletics NI events given prior approval.**
2. **Athletes must always** run in an anti-clockwise direction during their warm up and session.
3. **Wheelchair athletes** have priority in lanes 3 and 4. Please make sure that you move out of the way as the athletes are unable to look up while training.
4. **Running Groups** are only permitted to run in lanes 4-8 unless they are doing specific timed runs, which must be agreed in advance with Track Staff. Individual lanes cannot be booked, and all Clubs and users must work together in a professional manner in order to share the track. Shared Track bookings are restricted to a total number of 30 runners. A second booking must be made to accommodate additional runners.
5. **Faster athletes have preference** in Lanes 1-3, so if a faster runner or runners come up on the inside lanes and want to pass, they will shout **“Track”**. On hearing this, move to the outer lanes. **Never stand still on the track**, especially the inside 2 lanes. Once you have finished a run, move over towards the outside of the track, ensuring it is safe to do so.
6. **Do not cross the infield** – it is cordoned off with a white barrier as this area is designated for throwing events and can be dangerous. Any coaches or athletes ignoring this rule may be banned.
7. **Never** wear headphones as this will stop you from hearing other users or safety announcements.
8. **Clothing/Attire** – Appropriate training gear must be worn at all times especially when Junior Athletes are also using the Track.
9. **Footwear** – **all spikes must be no longer than 7mm** - cross country spikes are not permitted. **Spikes must not be worn** in the changing rooms. Spikes must be worn for Long Jump and High Jump in wet weather.
9. **Language** – Swearing and use of foul language or derogative comments will not be tolerated and the person or persons may be being banned from using the track. Treat other users with Respect.
10. **Competitions** - **never run or walk across the finish line when a race is on** -this will interrupt the photo finish timing. All athletes should exit the track through the gate at the end of the finishing straight.
11. **Treat all the Track equipment & facilities with respect** – if you are responsible for damaging any equipment or property on the site you may be liable for replacement or repair costs. **All equipment** must be brought back to the track office. CCTV operates in the store so anyone removing equipment without the authority of the staff may be prosecuted. All equipment must be signed in and out and returned promptly after the designated period. If you move steeplechase barriers you must put them back in their original position. Digging Long Jump pits is the responsibility of the Club and Coaches (except for Competitions).
12. **Young athletes must be supervised at all times.** Athletes under 16yrs of age are not permitted to use any equipment unless supervised by a qualified UK Athletics Coach. All coaches must remain with Juniors until they are picked up by parents/guardians.
13. **Please do not** drop litter, use the bins provided. Keep your valuables safe and use the lockers provided.
14. **No Ball games** are allowed to be played at the track or surrounding area, anyone with either a Football or Rugby ball, will have it confiscated.